



"It's a real gift to have the opportunity to make a difference to other women's lives." Womankind volunteer

COME AND VOLUNTEER FOR WOMANKIND

Would you like to...

Be part of an amazing group of women who care about and want to empower other women?

Help someone change their life for the better?

Learn invaluable lessons for your own life whilst you support others?

Volunteer for a women's organisation to gain experience in mental health or counselling?

The Training

Our training comes with years of experience working in this field, put together and developed by our skilled volunteer service coordinators using experience gained over 30 years. Our helpline offers a high quality listening service (telephone and webchat) to women in Bristol from volunteers who understand the issues women face. Training is comprehensive, with taught sessions, skills practice and home study.

"The training is comprehensive and considering the seriousness of the subject matter, enjoyable. I really loved meeting the other volunteers, it was such a wonderful feeling to be in a room with such fantastic, like-minded women. The lunchtime conversations were riveting!" – Womankind Volunteer

The role

Helpline volunteers commit to 3 hours per week on our helpline for one year as well as monthly supervision. You will be offering listening support to women who use our helpline service, via phone and webchat. Calls/chats can cover subject matters ranging from depression and anxiety to trauma and sexual abuse. You will receive weekly debrief sessions with your supervisor as well as monthly group supervisions with your fellow volunteers to support you in this role.

The women

Not only will you get to meet and build relationships with the other amazing volunteers when you work on the helpline, but you will also get to offer support to women who often have nowhere else to turn, and no other safe space to share their experiences.



"If you are interested in any way definitely consider it. Womankind do great work and this service is an important part of what they do." Helpline volunteer